

The background is a light blue grid. A large, red, irregular shape resembling a paint splat is centered on the page. Inside this shape, the title 'Arts & Crafts' is written in a white, rounded, sans-serif font. Below the title, the word 'Senior' is written in a smaller, white, sans-serif font. At the bottom of the red shape, the author's name 'Grainne Behan' is written in a white, sans-serif font. Surrounding the red shape are various colorful illustrations: a purple pencil pointing down-left, a blue pencil pointing down-left, a yellow pencil pointing down-left, a green pencil pointing down-left, and a purple pencil pointing down-right. There are also several colorful paper clips (yellow, purple, blue, green) and wavy lines in matching colors scattered around the grid.

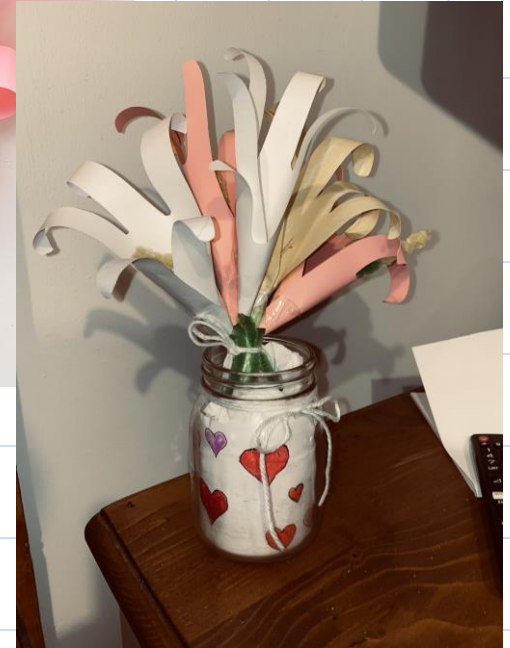
# Arts & Crafts

Senior

Grainne Behan

# Hand print lilies

**This Arts and Craft idea is a perfect way to get your whole family involved, using the Hand prints of all your family members to create a bouquet of flowers**



# Equipment Needed

01

## Coloured paper

If you don't have coloured paper you can always use white paper and colour in with crayons

02

## Yellow and green Pipe cleaners

if you do not have pipe cleaner, colouring white paper will work

03

## Pencil & pen & colouring pencils

04

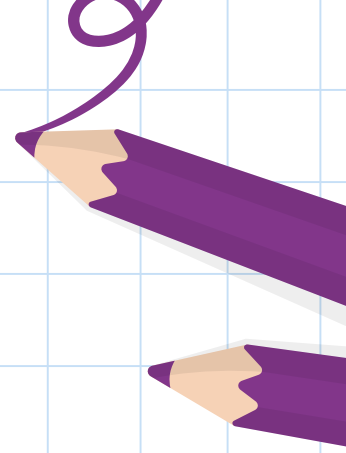
## Sellotape & Scissors

05

## Mason Jar/ Jam jar

06

## Ribbon/ wool





# Step 1:

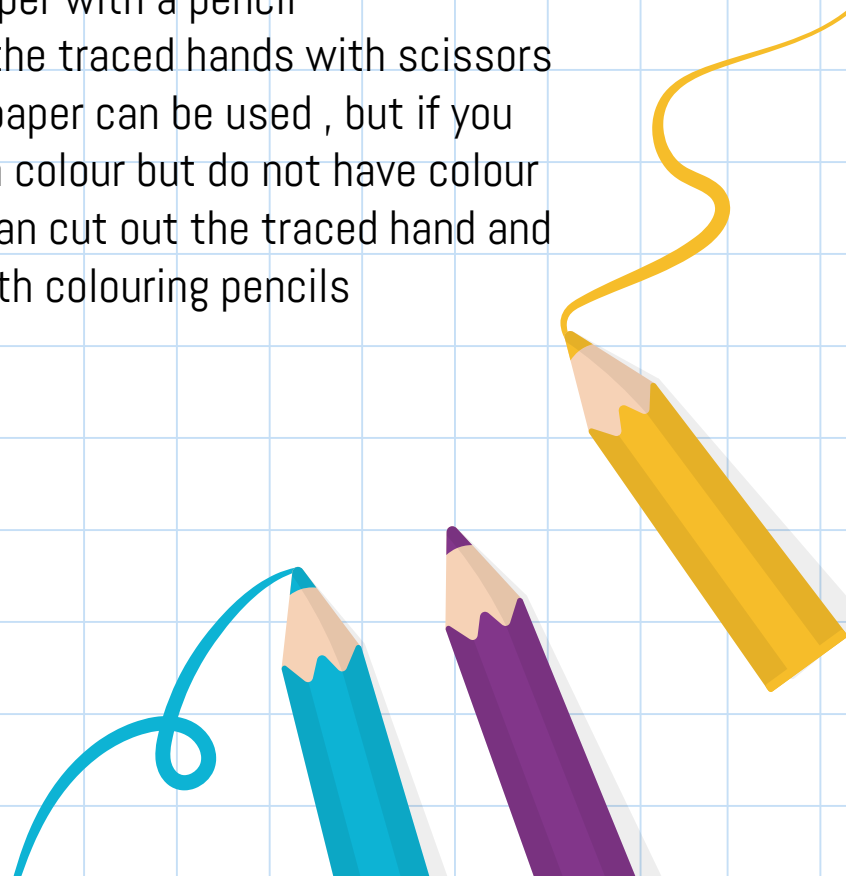
Cutt out  
handprints



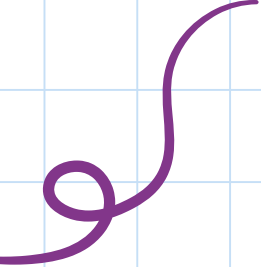
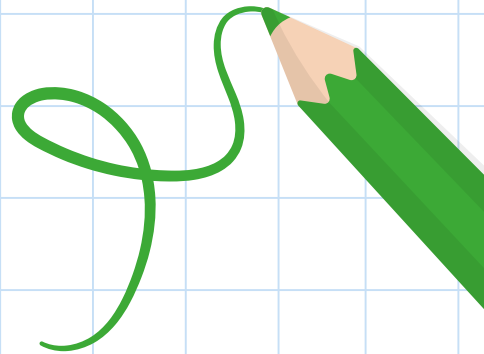
# Step 1



- Trace all your family members hands on coloured paper with a pencil
- Cut out all the traced hands with scissors
- Any colour paper can be used , but if you would like a colour but do not have colour paper you can cut out the traced hand and colour in with colouring pencils



Step 2



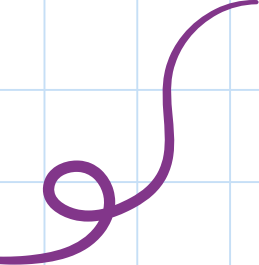
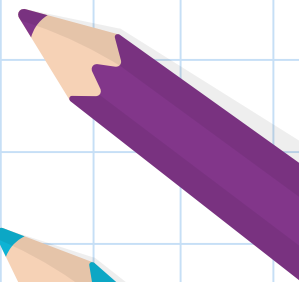


## Roll the hand prints into a cone shape

- Rolling your hand prints into a cone shape and securing it in place with sellotape
- There should be a small hole left in the bottom for the pipe cleaner

# step 3

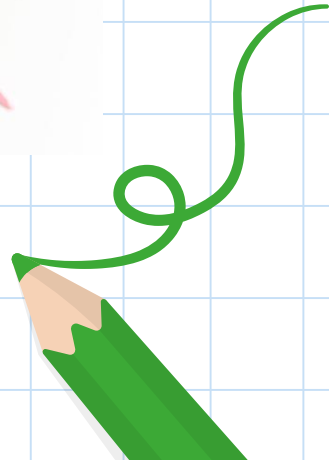
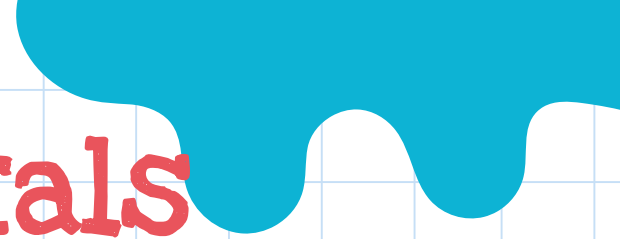
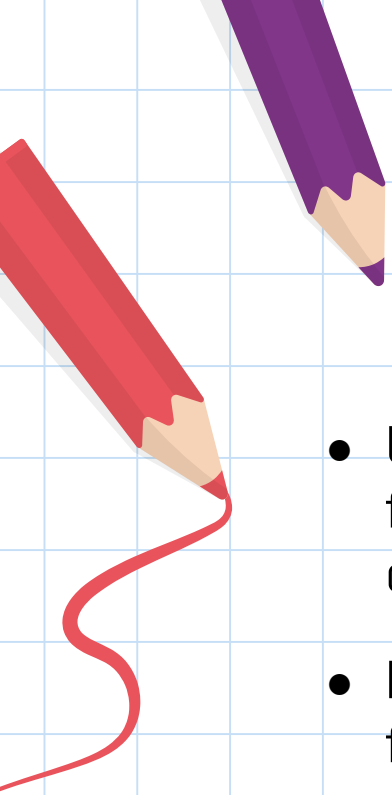
The petals



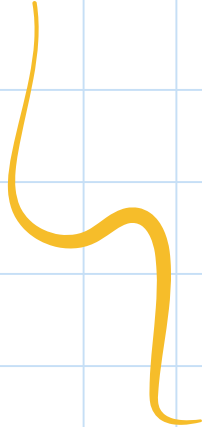
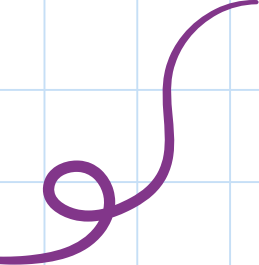
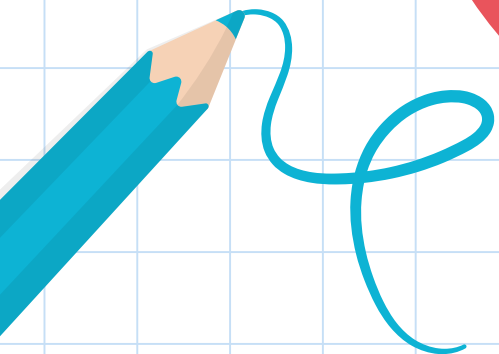


# Curling the petals

- Using your pencil curl the fingers of your hand print outwards
- Repeat this for each finger of each hand print

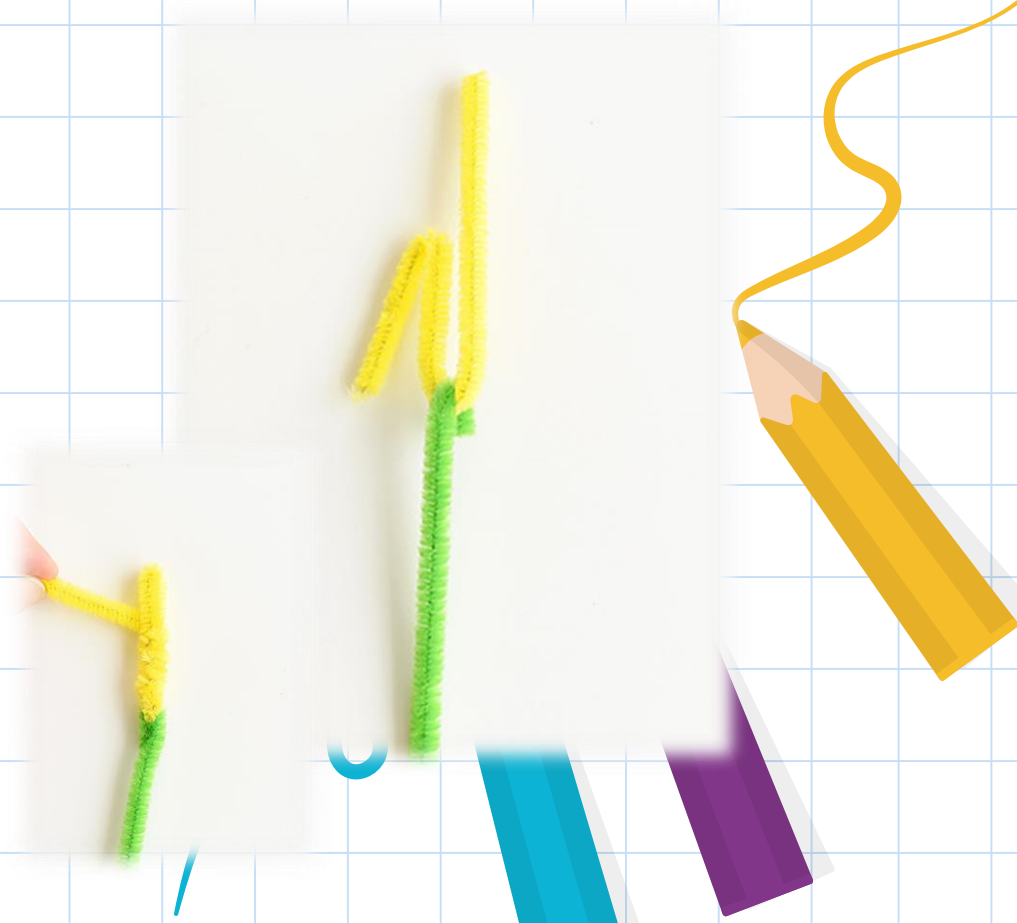


Step 4:



## Step 4 the stem

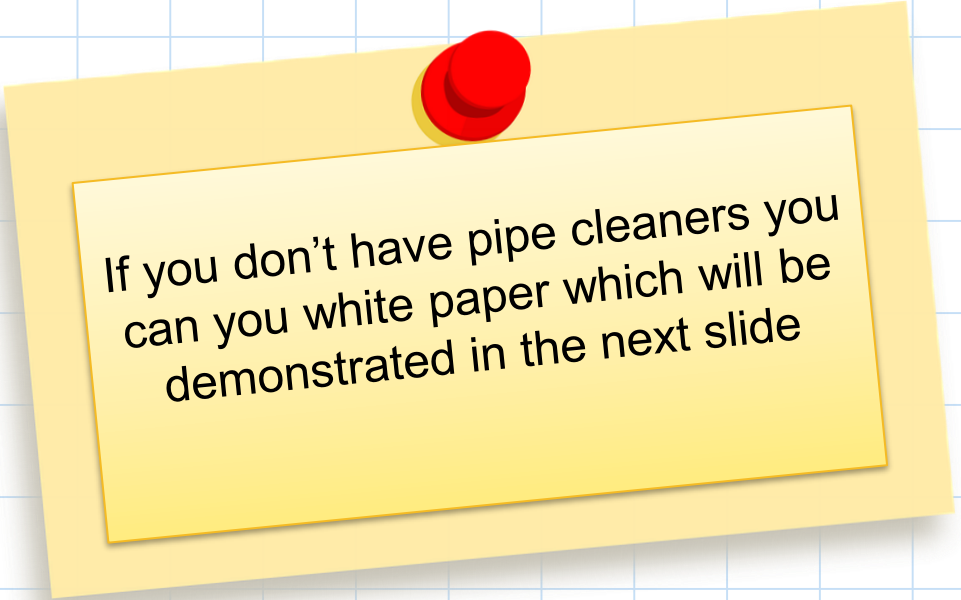
- Place the green pipe cleaner under the yellow , bend the yellow in half
- Make a 'J' shaped hook at the end of the green pipe cleaner and loop it over the bend in the yellow
- Bend one side of the yellow cleaner in half and pinch the green so it holds in place
- Wrap the longer end of the yellow pipe cleaner around the shorter end until you reach the end of the pipe cleaner





Place the green pipe cleaner through the small gap at the bottom of the hand print

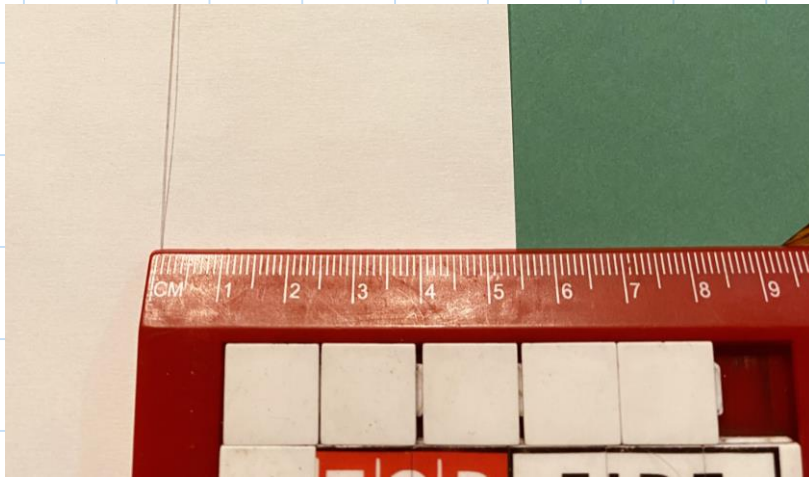




If you don't have pipe cleaners you  
can use white paper which will be  
demonstrated in the next slide

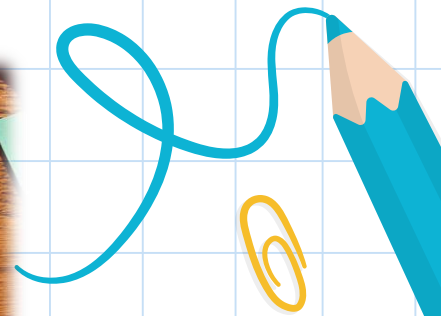
# How to make flower stem without pipe cleaners

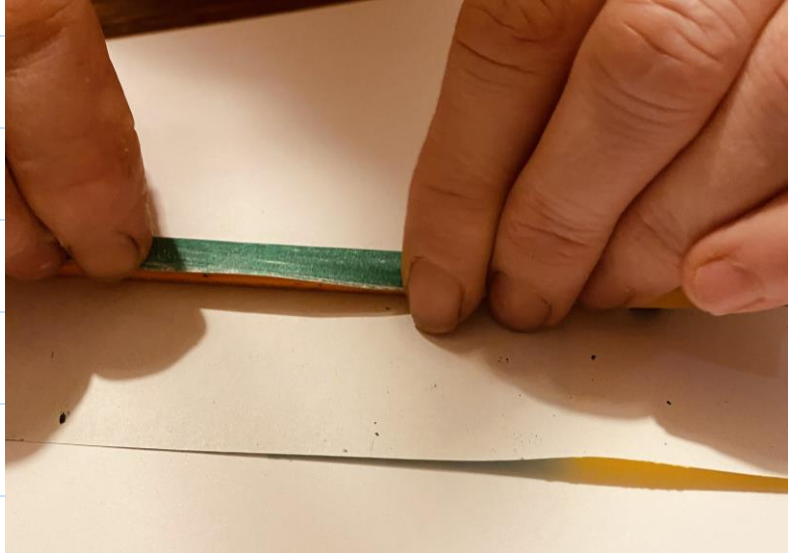
Get a plain piece of white paper and mark a straight line 5.5cm out from the side as seen in picture below





Colour and cut out piece



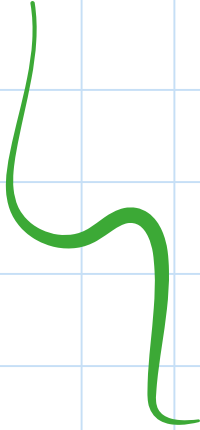
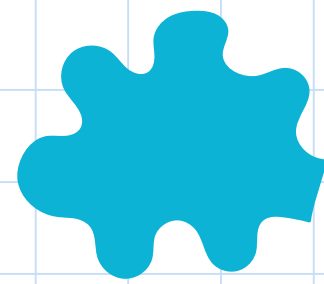


Using a pencil roll paper  
and using sellotape  
Secure it

This is an alternative if  
you do not have pipe  
cleaner



## Step 5:

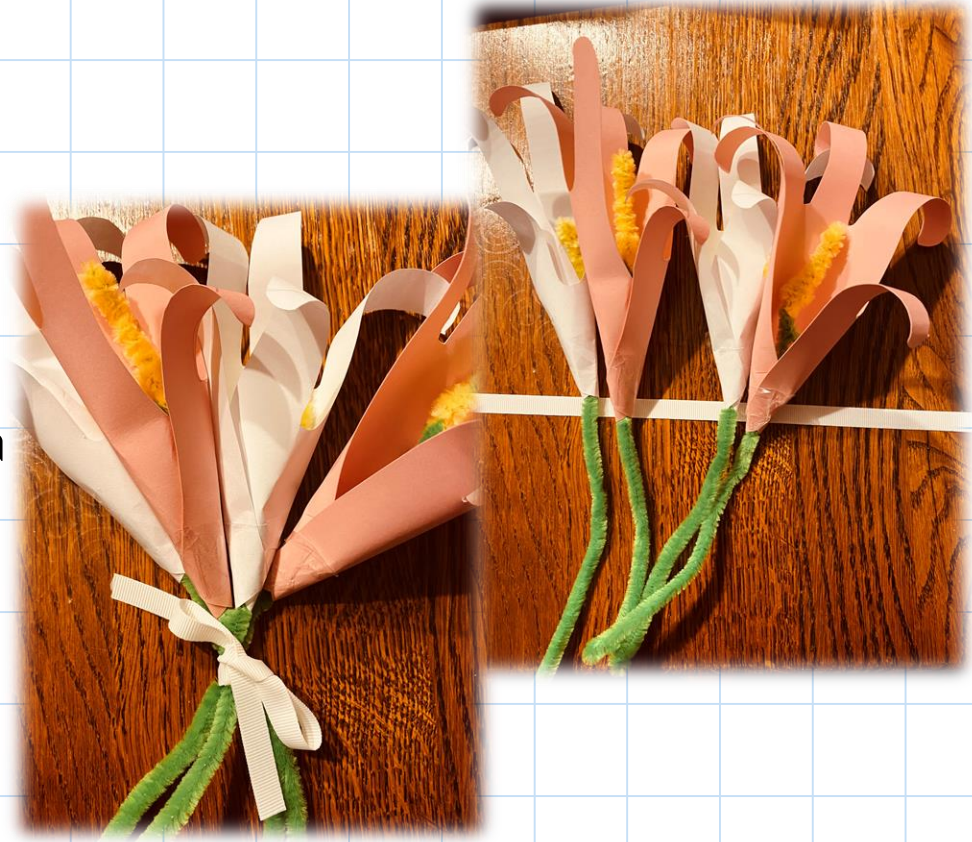


- You will need a mason/ jam jar for this step
- Measure the height of it
- Cut a piece of paper (any colour) that will fit inside the mason jar
- Create a design/ sketch , an example can be seen in the picture with love hearts
- Once your design is drawn place the paper inside the jar with the design facing out



## Step 6:

- Place the flowers on top of some ribbon (if you don't have access to ribbon you can use wool)
- Tie together the flowers with a bow
- Place the flowers inside the mason jar



Now you have a bunch of family flowers





Enjoy have fun