

Oakview House,
Roseberry,
Newbridge,
Co.Kildare
Tel: 0861541952
16th October 2015

Re: Upcoming Rainbows Programme

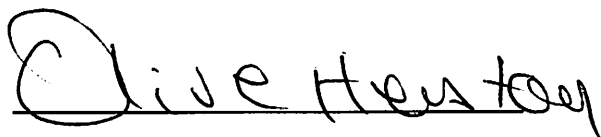
Dear Principal,

I would very much appreciate if you could give each child in your school a copy of the attached Rainbows Flyer. Rainbows will commence its next Programme in January 2016, running every Wednesday for 12 weeks.

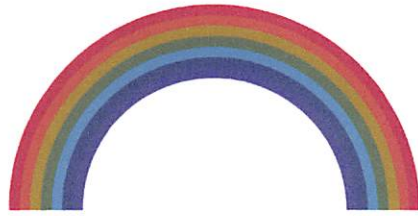
If you have any questions or concerns, please feel free to contact me

Once again, I thank you most sincerely for your continuing support of Rainbows in Allen Parish.

Kind Regards,

A handwritten signature in black ink that reads "Olive Heuston". The signature is written in a cursive style with a large initial 'O' and a long horizontal line extending across the rest of the name.

Olive Heuston



RAINBOWS IN ALLEN PARISH

Rainbows is a national voluntary organisation offering peer support to children who have experienced a significant loss in their lives through **bereavement, divorce and separation**.

The aim of Rainbows is to support children in their local communities, as they seek to come to terms with their grief and loss. Rainbows provides peer support, a shared experience that reduces the feeling of isolation, realising that you are not the only one or the only family. Rainbows is run by trained Facilitators and is completely free of charge. Rainbows is **not** however a professional counselling service. Instead, Rainbows will provide a model of coping and support for the future of your child while supporting the rebuilding of a child's self esteem, trust and resilience.

The next Rainbows Programme will commence in **January 2016**. It will run every Wednesday from 7.30pm to 8.30pm for 12 weeks in total.

For further information on Rainbows, please contact

Olive Heuston Administrator for Rainbows in Allen Parish Tel: 086 1541952 or

www.rainbowsireland.com

If you would like an Application Form for our next Programme, please complete the Form below and return it to the School Principal **before** 6th of November 2015

Parent's Name: _____

Parent's Telephone No: _____

Parent's Address _____

Child's Name: _____

Child's Age: _____

School Name: _____

Please specify whether your loss is due to Bereavement or Divorce/Separation.

[Type text]

PLEASE RETURN TO SCHOOL PRINCIPAL BEFORE FRIDAY 6th November