



THE ANTI-BULLYING AMBASSADORS

Robertstown N.S Anti-Bullying Newsletter

June 2015

A FEW TIPS...

Timeline

October – Anti Bullying Ambassadors travelled to Loreto Crumlin for an Anti-Bullying workshop with the Diana Award. We got lots of fantastic ideas to bring back to school. Thanks to the Parent Association who paid for the bus to take us to Crumlin.

November – We made Anti-Bullying Scratch presentations to raise awareness for bullying. We showed the presentations to the classes.

December – Anti-Bullying Ambassadors worked with all the classes and the principal and made the Robertstown National School newsletter.

January – We made a survey and sent it to parents and children in the school community. We asked what areas of bullying did they think was most common in our school. The result was Verbal Bullying.

February – We had a skype call from the Anti-Bullying Ambassadors at IBM. Their names are Damien and Emma. They are mentoring us in our role as Anti-Bullying Ambassadors.

March – Reminded all classes of the worry box. The worry box is out there if you feel you need to tell the teacher about a worry of yours.

April – We asked the principal if we could hold kindness week in June.

May – Damien from IBM came on a visit to see Ms. Poole and Ms. Dillon. He invited the Ambassadors to come to visit IBM in June. Our mentors will work with us on our presentation skills and making an Anti-Bullying video. We will also work on bringing the most important parts of the school's Anti-Bullying policy to parents and children of the school community.



C.A.L.M.

Remember, if you're being bullied, stay C.A.L.M. Cool down, Assert yourself, Look in the eye, Mean it.

What can I do?

Support a victim!

Tell a teacher!

Be a friend!

Be an up-stander, not a by-stander!